



WELCOME NEW FAMILIES!

Friends of Windham Jaguar Football (FOWJF) Parent Guide 2022 Season

HEAD COACH JACK BYRNE:

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TEAM MOMS:

Beth Desmarais - Varsity
bethdesmarais33@gmail.com

Marianne Micciche - Varsity
nickjo25@comcast.net

Kate DePietro - JV
ptro@comcast.net

Marnie Shambo - JV
mmshambo@gmail.com

Danielle Brow - Freshmen
daniellebrow@comcast.net

Helena Brearley - Freshmen
hpercival20@yahoo.com

PARENT COMMUNICATION

It is important that parents understand that the ultimate goal is to have your athlete/child deliver team communications to you.

Players are learning and accepting responsibility as emerging adults and should be your primary source of information and encouraged to communicate with you on a regular basis.

Please note, Coaches do not meet with parents to discuss their athletes play time, schemes, or other players. Players are to communicate directly with coaches regarding these matters.

FOR PLAYERS ONLY – SPORTS U APP

Daily communications from coaches to players. Players must text or email Coach Byrne with request to join.

- Invite to follow
- Download app



HOW TO CONNECT

WEBSITE:

windhamjaguars.org

FACEBOOK:

Friends of Jaguar Football (Official) *please note there are various one-off accounts that may not be accurate*

TWITTER:

@JaguarFriends

INSTAGRAM:

@JaguarFriends

SHUTTERFLY:

bethdesmarais33@gmail.com
email for site access

EMAIL:

windhamjaguarfootball@gmail.com

FOR PARENTS ONLY – BAND APP:

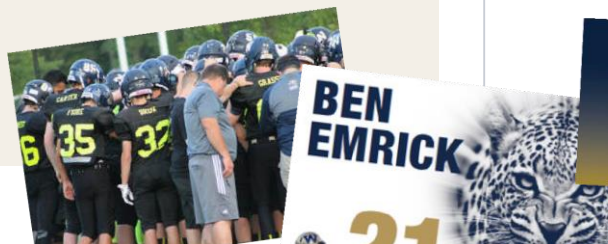
Communication from FOWJF to parents.

General info, communications, Game day schedules / prep Volunteer sign-up links / tailgating, Requests, Donations and reminders, forms, pictures, Apparel / online store

FOR ALL – WEBSITE:

windhamjaguars.org
team-football

- Payment links to paypal
- Varsity game day sandwiches
- Yard Signs
- Pasta kick off tickets
- Banquet tickets
- Apparel
- All online payments





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WHAT TO EXPECT

> Highlights and Takeaways:

- Life skills (*nutrition, health, find a ride, hygiene*)
- Responsibility (*bring a snack after school before practice*)
- Time management
- Balancing academics (*after school study during the season*)
- Camaraderie
- Communication
- Fundraising
- Giving back to the community
- Charity



FAMILY ID LINK

- > **Mandatory** for the High School. Register your player on FamilyID for the upcoming season: [Familyid.com](https://familyid.com)

FAMILY ASSISTANCE

Setting you up for success!

There are many ways we can work with your family and player to make sure they have what they need for a successful season. You and/or your player are encouraged to reach out directly to Coach Byrne.



PRE-SEASON

> **Weight Room Hours: Tues/Thursday – Sports U app**

Official summer hours may be subject to change so please encourage your player to follow the Sports U APP and calendar.

> **Fitness Evaluations/Testing: MONTHLY– Sports U app**

All players should be attending.

> **Equipment Handout Date: JUNE 13-16 – Sports U app**

Players are required to purchase cleats, athletic cup, and mouth guard on/around early June. There is also a one-time purchase of a blackout jersey provided their number is the same from year to year.

- Incoming Freshman will be handed out at a later date.

WHS provides:

- Practice pants, practice jersey, helmet, shoulder pads, game uniform, and belt

> **Run Game/Conditioning Night:** 6:00pm every Tues @ WHS Focus is on Varsity/JV, although all teams expected to participate

> **7V7:** 6:00pm every Wednesday Varsity @ Doucette Field, Tewksbury MA. Focus is on Varsity.

- JV and Freshmen will be at WHS at the same time. Members of the team participate against other high schools.

> **Quiet Period Dates:** Great time for summer vacations and family time. NO FOOTBALL ACTIVITIES scheduled for one week in JULY 7/1-7/10, and one week in AUGUST 8/5-8/11.

> **Pasta Kickoff Party Date:** Tuesday 8/30 @ Searle's Castle, Annual pre-game pasta dinner celebration. All Jag families and all football players, cheerleaders, and coaches gather to kick-off the season at a catered affair. Tickets will be available on the website.

> **Jag Football Store:** Link sent out on Band app - also posted on the website windhamjaguars.org

- This store is only open for a limited time, this is the one and only time to purchase football apparel (Closes 6/29)



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VARSITY SCHEDULE AND THEMED GAMES

8/20 – AWAY

Winnacunnet Scrimmage

8/26 - HOME

Nashua North Scrimmage

9/3 - HOME

Windham Vs. Pinkerton

“Wolverines Day”

Senior parents host

9/10 – AWAY

Windham Vs. Nashua South

9/16 – AWAY

Windham Vs. Londonderry

9/23 – HOME

Windham Vs. Salem

“Blackout Game”

Junior parents host

10/1 – HOME

Windham Vs. Alvrine

“Hometown Hero”

Sophomore parents host

10/8 – HOME

Windham Vs. Manch

Memorial

“SENIOR DAY”

Freshman parents host

10/14 – AWAY

Windham Vs. Manchester

Central

10/21 – AWAY

Windham Vs. Concord

GAME TIME!

> **Schedules:** Posted on website, Sports U app, Band App

Varsity: Friday nights + Saturdays – kick-off typically @ 7/1:30 pm

JV: Monday after school – kick-off typically @ 4 pm

Freshman: Thursday after school – kick-off typically @ 4 pm

> **Food for JV and Freshman away games:** Often times the bus ride home can be long and the boys are tired — all players will be offered food after each away game. Please sign up and help get them fed! The link will be on BAND app prior to each game and on the website. We ask that you clearly label your bags and drop off at the front lobby of the High School on game day morning. The boys will gather the food and get on the bus. Volunteers will be available after each game to set up and help distribute the food - we are looking for your help!

> **Food for Varsity away games:** There are 8 Varsity In Season Games, 4 of these games are away and we will be feeding the boys. The boys are offered a catered bagged meal, from a local sub shop, which will include a sub, bag of chips, and cookie. We ask for drink donations. We provide a separate sign up genius link for post game snacks and drinks on BAND app. The boys are starving after games on the road. **A cost is involved per family and will be communicated closer to start of the season.**

> **Varsity games:** a team roster will be posted on Sports U for those who are dressing for home & away games.

> **Varsity Tailgating:** Each home game will have a theme and each class, (meaning their parents) will be responsible for the set up/ break down and game day tasks via the sign up genius on the BAND app. Although all parents/families are welcome and encouraged to assist at every home game, it is primarily the responsibly of the hosting class.

> **End of season banquet:** This will commence at the end of the season, this includes dinner and an awards ceremony. We will honor our seniors and recap the success of Jaguar Football. You will be able to purchase tickets on the website. Watch for BAND communications after the season.